



Training Program

DURATION PLACE:

-YOUR DOG SITS, LAYS DOWN, OR HANGS OUT AT YOUR DISCRETION ON THE MAT WITH ALL FOUR PAWS ON THE MAT AT ALL TIMES.

-YOUR DOG IS NOT ALLOWED TO MOVE FROM PLACE UNTIL THEY ARE RELEASED.

-YOUR DOG MUST BE WITHIN EYE SIGHT DURING THE BEGINNING STAGES OF THIS COMMAND FOR PROPER CORRECTION TIMING IF COMMAND IS BROKEN.

-ONCE HAVING ACQUIRED A RELIABLE COMMAND FOLLOW THROUGH, YOUR DOG CAN ENJOY SHARING PLACE WITH OTHER DOGS AND HAVING A TOY TO PLAY WITH. (IF YOUR DOG BREAKS COMMAND AFTER HAVING A TOY, THE TOY GETS TAKEN AWAY)

-DURATION PLACE MUST TAKE PLACE WHEN YOUR HOUSEHOLD IS BUSY, OR WHEN YOUR DOG IS EXPERIENCING ANXIETY/AGGRESSION. OTHERWISE IT CAN TAKE PLACE ANY TIME DURING THE DAY AT LEAST 4 TIMES A DAY.

PLACE COMMAND WITH RECALL FOR MEALS:

USE YOUR DOGS DAILY MEALS, NO FREE MEAL TIME. PREPARE NO LESS THAN A HANDFUL AT A TIME. USE YOUR WALKING BACK TO GET MORE FOOD AS AN OPPORTUNITY FOR YOUR DOG TO BREAK COMMAND FOR YOU TO APPLY A PROPER FOLLOW THROUGH CORRECTION.

1. CALL YOUR DOG OVER TO THE MAT, SAY PLACE WHEN ALL FOUR PAWS ARE ABOUT TO HIT THE MAT.
2. FEED YOUR DOG YOUR PROPORTIONED FOOD AMOUNT.
3. BACK AWAY FROM PLACE, AND GO TO THE NEXT MAT. STAY IS IMPLIED (DO NOT SAY STAY)
4. CALL YOUR DOG TO YOU "FIDO, COME." THEN SAY PLACE AS THEY APPROACH THE MAT.

5. FEED YOUR DOG YOUR PROPORTIONED FOOD AMOUNT.
6. REPEAT UNTIL MEAL IS FINISHED.

HIGH LEVEL STRUCTURED WALKING:

- MUST TAKE PLACE AT LEAST 2X A DAY AT 15 MINUTES MINIMUM EACH.
- REMEMBER YOUR THRESHOLD EXPECTATION WHEN WALKING IN AND OUT OF THE HOUSE.
- START YOUR WALK WITH A CASUAL LETS GO AND THE POTTY BREAK COMMAND.
- THE WALK IS 90 PERCENT HEEL AND 10 PERCENT FREE-TIME / POTTY BREAK.
- WHEN IN "HEEL" KEEP YOUR LEFT HAND BEHIND YOUR BACK SLIGHTLY, NOTICING WHEN YOUR DOG DIVERGES IN A DIFFERENT DIRECTION TO REMIND THEM FOR A HEEL.
- DON'T BE AFRAID TO OVER ASK YOUR DOG FOR A HEEL AS IT REMINDS YOUR DOG TO CHECK IN WITH YOU MORE THAN IT'S ENVIRONMENT.
- FOOT TAP FOR RE-DIRECTING ATTENTION.
- PAIR YOUR PRONG CORRECTIONS WITH YOUR E-COLLAR CORRECTIONS.

CRATE:

- PLACE TREATS IN THE INSIDE OF THE CRATE BEFORE DOG GOING INTO THE CRATE. (USE HIGH VALUE FOOD FOR THIS TO MAKE THE CRATE SOMETHING THE DOG ENJOYS AND IS POSITIVE)
- YOUR DOG MUST WAIT FOR YOUR RELEASE WHEN GOING INSIDE THE CRATE AND COMING OUT OF THE CRATE.
- USE THE "BONK" FOR ANY WHINING OR BAD BEHAVIOR IN THE CRATE. IF ALL ELSE FAILS USE HIGH LEVEL E-COLLAR CORRECTIONS.
- IF YOUR DOG ATTEMPTS TO RUSH INTO THE CRATE, CORRECT THEM WITH THE PRONG AND E-COLLAR.
- IF YOUR DOG TRIES TO RUSH OUT OF THE CRATE, QUICKLY SHUT THE CRATE DOOR FOR A QUICK LESSON IN RESPECTING YOU.

THE FOUNDATIONS AND WHY



THRESHOLDS:

THE THRESHOLD WORK TAKES PLACE IN ANY ENTRYWAY THAT LEADS TO AN AREA OF IMPORTANCE THAT MAY CAUSE ANY EXCITEMENT OR ANXIETY TO YOUR DOG. FOR EXAMPLE, THE FRONT DOOR, THE BACK DOOR, GATE IN AND OUT OF THE YARD, THE CAR, ENTRANCES AT DOG PARKS AND BUILDINGS ETC.

YOUR DOG WILL STOP AT ANY THRESHOLD AND THEN WAITS FOR YOU TO GO AHEAD TO WALK THROUGH. WE AREN'T LOOKING FOR YOU TO WALK OUT OF THE DOOR FIRST, WE ARE LOOKING FOR A POLITE AND COURTEOUS CHECK IN WITH YOU FROM YOUR DOG.

THIS BENEFITS YOUR DOGS RELATIONSHIP WITH YOU BECAUSE IT IS AN OPPORTUNITY TO ASK YOUR DOG TO BE CALM, PATIENT, AND RESPECTFUL. IT ALSO HELPS TO DEVELOP APPROPRIATE IMPULSE CONTROLS TO CHECK IN WITH YOU BEFORE ANYTHING THAT MIGHT TRIGGER ANY EXCITEMENT OR ANXIETY.

CRATE:

WHEN USING THE CRATE FOR YOUR DOG, YOUR DOG SHOULD NOT RUN IN AND OUT OF THE CRATE. THE BENEFITS OF USING THE CRATE IS FOR YOUR DOG TO LEARN A MORE PERMANENT CALM STATE OF MIND. THE CRATE DOOR IS ALSO A THRESHOLD OF IMPORTANCE. NO ANXIETY/EXCITEMENT GOING IN, NONE COMING OUT. ALL BALANCED MIND STUFF. YOUR DOG MUST WAIT FOR YOUR QUEUE TO GO IN OR OUT OF THE CRATE. EVERY TIME.

USING THE CRATE WHILE YOU ARE AWAY HELPS YOUR DOG LEARN TO RELAX. THIS ALLOWS THEM TO NOT WORRY ABOUT EVERY SOUND IN EVERY ROOM, AND SEARCH FOR SOMETHING TO DO UNTIL YOU GET HOME. WITH THEIR CRATE THEY FIND SAFETY, COMPLACENCY AND ROUTINE. DOGS RELY ON THIS.

PLACE COMMAND:

THIS REQUIRES A BATH MAT, RUG, DOG BED, COT, OR BLANKET NOT TOO MUCH BIGGER THAN YOUR DOGS SIZE. (IF YOU HAVE HARDWOOD FLOORS, BE SURE TO PICK SOMETHING THAT DOESN'T SLIDE EVERYWHERE) THESE OBJECTS WHAT WE USE IN THE BEGINNING STAGES, UNTIL YOUR DOGS

RELIABILITY WITH YOUR CUES OFF LEASH ARE WHERE YOU WANT THEM. THEN YOU UP THE ANTI BY MOVING THESE AROUND UNTIL EVENTUALLY PLACE IS ANY OBJECT YOU WANT IT TO BE ON! (LIKE A PARK BENCH, PICNIC TABLE, OR YOUR KITCHEN CHAIR)

THE MOST BENEFICIAL PART OF THIS COMMAND IS WHAT IT CREATES. IT CREATES CALM. WHEN THERE IS A STRICTLY ENFORCED BOUNDARY, YOUR DOG LEARNS TO JUST BE UNLESS YOU SAY OTHERWISE. IN THAT YOU SEE MOST THINGS LIKE ANXIETY DISAPPEAR!

FROM AN OBEDIENCE ASPECT, THIS HELPS TO KEEP YOUR DOG FROM BEGGING, BARKING AT THE DOOR, JUMPING ON GUESTS ETC. IT ALSO PRESENTS US WITH THE BUILDING BLOCKS TO OFF-LEASH RELIABILITY.

STRUCTURED WALKING:

THIS IS MUCH DIFFERENT THAN YOUR AVERAGE WALK FOLKS! A HIGH STANDARDS WALK TO SAY THE LEAST. THIS WALK MUST TAKE PLACE AT LEAST ONE HOUR TOTAL EVERY DAY. EVEN IF YOU SPLIT IT UP INTO MULTIPLE WALKS.

DURING THE WALK YOUR DOG HAS ZERO SLACK ON THE LEASH, BUT NO TENSION. YOU ARE TO KEEP THE LEASH SHORT BUT LOOSE. YOU WANT TO IMAGINE THERE IS AN INVISIBLE FENCE TYPE SET UP IN FRONT OF YOUR KNEE. YOUR DOG IS NOT TO GO PAST THAT “INVISIBLE FENCE” YOU ASK YOUR DOG TO HEEL WITH PRESSURE ON THE PRONG COLLAR/E-COLLAR, AND RELEASE ONCE YOUR DOG SUBMITS TO THE PRESSURE.

IF YOU HAVE TO ASK YOUR DOG TO HEEL A FEW TIMES MORE THAN YOU THINK YOU SHOULD, THIS IS NORMAL! REMEMBER – THE HIGHER STANDARD YOU HOLD YOUR DOG TO, THE MORE YOUR DOG LEARNS TO RELY ON YOU DURING THE WALK AND ONLY YOU.

THE MAJORITY OF THE WALK YOUR DOG IS BY YOUR SIDE, UNTIL YOU GIVE YOUR DOG ITS RELEASE WORD (POTTY, FREE-TIME, BREAK ETC) THAT IS WHEN YOUR DOG IS ALLOWED TO SNIFF, MARK, POTTY AND ALL THAT FUN STUFF. THE REST OF THE WALK IS WALKING JUST WITH YOU. IF YOUR DOG ATTEMPTS TO DO ANYTHING ELSE WHEN BY YOUR SIDE, CORRECT YOUR DOG.

THE TRAINING IN

DEPTH

THE LESS YOU SAY THE EASIER IT IS TO
COMMUNICATE WITH YOUR DOG!



OUR BASIC COMMANDS:

(YOU MAY ALTER THEM TO YOUR LANGUAGE OR PREFERENCE BUT PLEASE KEEP IT SHORT AND SIMPLE)

1. PLACE

2. DOWN

3. SIT

4. HEEL

5. COME

6. FREE-TIME

HOW TO USE THE E-COLLAR IN SIMULATION WITH COMMANDS:

BLACK BUTTON (MOMENTARY STIMULATION) WHEN ASKING FOR THINGS LIKE SIT, DOWN, PLACE AND RECEIVING COMPLIANCE RIGHT AWAY FROM YOUR DOG.

RED BUTTON (CONTINUOUS STIMULATION) WHEN ASKING FOR THINGS LIKE PLACE AND COME THAT REQUIRE ADDED PRESSURE FOR COMPLIANCE. YOU MAY ALSO USE THIS FOR COMMANDS LIKE SIT AND DOWN IF NECESSARY WHEN YOUR DOG IS STILL IN ITS LEARNING ARC.

REMINDER: YOUR REMOTE MUST SHOW THE M AND C SETTING NEXT TO YOUR DOGS WORKING LEVEL ON THE LCD SCREEN.